Sports Vision – Sports Vision Therapy

Many sports such as Cricket, football, archery and racquet sports require high visual performance in addition to physical fitness. The application of sports vision therapy greatly benefits sporting performance. Sports people are more comfortable when glare is eliminated and perform better when their visual skills are improved. Sports vision training improves co-ordination and reaction times. The aim is to:
1. measure visual performance
2. give advice on vision correction
3. recommend appropriate eye protection
4. enhance visual performance
This involves approximately 21 different assessments if each were to be carried out. What we do is customize the assessment to the individual sport that you play. Talk to our Optometrist at +91 22 66921000 for more details.

Why more and more people choose a Multifocal / Trifocal Lens in cataract surgery?

- Gives focus for near, intermediate and distant vision unlike monofocal lenses which helps only distant vision
- Minimal or no dependence on glasses, particularly in old age
- No recurring spectacle costs and dealing with bifocals
- Rarely is there any change in power over time once lens is inserted
- Suitability will vary between patients.
- Multi / Trifocal lenses have remained the best solution to achieve the closest one can get to being spectacle independent after cataract surgery

CATARACT 2016
Today’s Advancements
- Premium Lenses
- Topical anesthesia (eye drop)
- No injections
- Smaller incisions and faster recovery

Shroff Eye Opener® # 99
Ensure that your eyes remain protected at all times. Wash your eyes immediately with clean water if any colours or ‘Gulaal’ gets into them during any festivals like Holi.

1st Eye Hospital in India to be awarded the Joint Commission International (JCI) Accreditation from USA

2 World Class Eye Centers – Marine Drive & Bandra
3 Generations of Eye Surgeons
4 Generations of Patients
90,000 and more patients treated in last 15 years
97 Years of Excellence in Eye Care
Our experience with Dr Anand Shroff at Shroff Eye has been exemplary, absolutely satisfying and without the slightest exaggeration, here is why ....

Appointment times were adhered to, it's nice not be kept waiting for hours. I saw a lot of senior citizens waiting at his clinic and the gentleness with which his staff dealt with them was reassuring. He put us absolutely at ease and patiently answered all my questions. And since we live abroad, reassured us, should the need arise he would put us in touch with local doctors because we were scheduled to fly out 4 days post surgery. Very reassuring words and to me it translated into the one word "confidence".

All charges were printed and applied to all patients including those abroad.

Hold on, it only gets better ... On the day of the procedure we were greeted by a nurse who seemed to know everything related to the procedure & the aftercare which was explained very painstakingly and in details. Dr Shroff performs the procedure himself and his team is available 24 x 7 to answer any questions you may have pre or post procedure, and every call & whatsapp of mine was patiently answered.

My daughter walked in with a big smile confident that she was in safe hands. The Femto Bladeless LASIK procedure was painless and I recall she walked out smiling in 15 mins. Also we were able to see the second part of the operation on a screen outside with Dr Safala explaining the process as it progressed, very hi-tech and informative.

That same evening, I got a call from Dr Shroff asking how she was doing and that any discomfort in the eye would cease by night and it did. I am sure he does that with all his patients, although he does not have to. I have no hesitation in recommending Dr Anand Shroff, in fact we have been doing just so since 6th Jan 2016.

The communications sent by the hospital was very good which helped me understand regarding the smile procedure and made it easy for us.

I found the staff amazing and Dr Anand Shroff very supportive. I was also impressed by the overall cleanliness of the hospital. I am completely and very much satisfied with my ReLEx smile procedure and the services.

ReLEx SmILE Laser Eye Procedure
the 3rd Generation of laser treatments after LASIK

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https://www.facebook.com/shroffeye/

The Shroff Eye Hospital Facebook page, share your comments, get updates, eye care facts, win prizes.

Shroff Eye Hospital is India's first eye hospital to be accredited by JCI – Joint Commission International, USA for excellence in patient care and health care delivery since 2006

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